

Stroke warning signs

Learn to recognize the warning signs of stroke.

If you see them, respond immediately by calling **9-1-1** or your local emergency number. It can significantly improve survival and recovery.

Print the stroke warning signs and put them on your fridge or in your wallet.



Weakness - Sudden loss of strength or sudden numbness in the face, arm or leg, even if temporary.



Trouble speaking - Sudden difficulty speaking or understanding or sudden confusion, even if temporary.



Vision problems - Sudden trouble with vision, even if temporary.



Headache - Sudden severe and unusual headache.



Dizziness - Sudden loss of balance, especially with any of the above signs.

If you experience any of these symptoms, call **9-1-1** or your local emergency number immediately.

This list includes common stroke warning signs but is not a complete list of all possible warning signs. Some people may have additional warning signs not listed above.

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